

WHAT IS PACE TO RECOVERY?

PACE to Recovery helps people who want to stop using substances. The program offers treatment, peer supports, and counseling for recovery from addiction.

PACE to Recovery is a program of Piedmont Community Services (PCS), Carilion Franklin Memorial Hospital, and Sovah Health - Martinsville.



FREQUENTLY ASKED QUESTIONS

Who does PCS serve?

Residents of the localities of Franklin County, Henry County, Patrick County, and the City of Martinsville at any of our three office locations.

What do I need to bring for my first visit?

- Health Insurance Card
- Verification of Income (current pay stubs, most recent W-2 form, assistance or retirement checks)
- Court Documentation (court orders for treatment, guardianship, Legal Custody Agreements)
- Current Medications or Medication List

What if I don't have insurance?

It is the policy of Piedmont Community Services to serve all local residents in need of assistance. We are obligated to collect the cost of treatment provided from third party payers and from individuals and families who are able to pay. No one will be denied services due to an inability to pay. Every effort will be made to set fees fairly and an appeals process is available if the assessed fees create a financial hardship.

PIEDMONT COMMUNITY SERVICES



24-7 Phone Access

Franklin County:
540-493-1535

Martinsville:
276-638-PEER (7337)



24 Clay Street
Martinsville, VA

30 Technology Drive
Rocky Mount, VA

22280 Jeb Stuart Hwy.
Stuart, VA



<http://www.piedmontcsb.org/>

A Program of Piedmont Community Services, Carilion Franklin Memorial Hospital, & Sovah Health - Martinsville

PACE TO RECOVERY

Connecting individuals with addiction to long-term treatment and recovery.
You can call us 24/7!



PACE
PARTNERSHIP • ACCESS • CARE • EMPOWERMENT
to Recovery

HOW DO I START THE PACE TO RECOVERY PROCESS?

If you are seeking help for an addiction, you may begin the program at any of these points:

Hospital



Peer Navigator



Piedmont CSB



TREATMENT OPTIONS

Following screening and assessment, you may be eligible for:

- **Medication Assisted Treatment (MAT)**
- **Counseling**
 - Motivational Services
 - Assessment & Evaluation
 - Outpatient Therapy
- **Intensive Outpatient Treatment (IOP)**
 - Education about interrupting the cycle of addiction, strengthening recovery skills, preventing relapse
 - Group counseling
- **Office-Based Opioid Treatment (OBOT)**
 - MAT
 - Intensive Outpatient
 - Individual or group outpatient counseling
 - SUD Case Management Services
 - Peer Recovery Services: Patients can continue to work with Peer Navigators from PACE to Recovery

WHAT IS A PEER NAVIGATOR?

Peer navigators are trained to use their lived experience with recovery to help others recover from addiction.

Peer navigators help patients to complete treatment, improve their mental health, and avoid future hospitalizations.

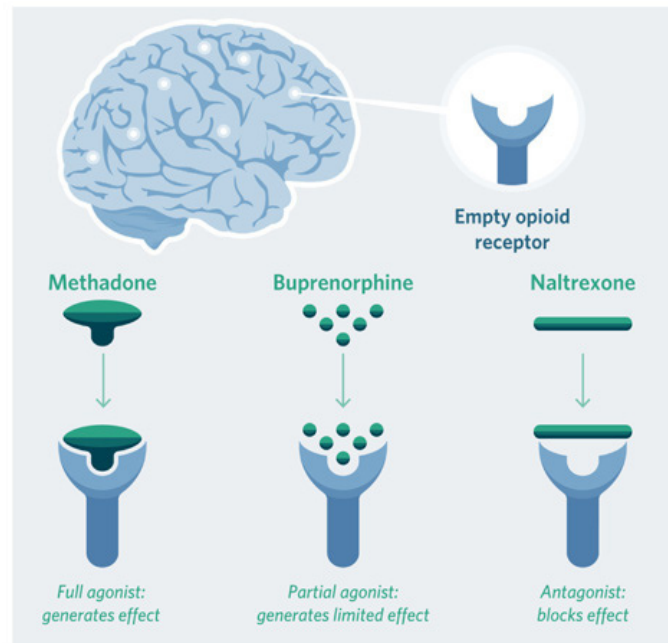
PCS Peer Navigators can also help you to fill MAT prescriptions and get enrolled in treatment.

Please call a PCS Peer Navigator today!



MEDICATION ASSISTED TREATMENT (MAT)

How OUD Medications Work in the Brain



Source: PCT, 2016

WHAT IS MAT?

Medication-assisted treatment (MAT) is an effective treatment for opioid abuse. Opioids are drugs like heroin or opiate prescription pain killers.

MAT involves the use of medications to prevent cravings and reduce the physical effects of quitting substances.

MAT can stabilize the path to recovery when combined with counseling and social supports.

Patients who use MAT have been able to:

- Increase their treatment and survival rates
- Decrease their illicit drug use and criminal activity
- Improve their employment outcomes
- Improve birth outcomes (for pregnant women)